

WomenFitness



6 Tricks
To a
Perfect Gym Selfie

Choosing The
WRONG
EXERCISES

CARRIE OWERKO
Playful yoga practice
to stay fit lifelong

Kelly Hughes

On Creating Beauty
From Her Scars!

10 Ways To Make
Your Pregnancy a
HAPPIER ONE

10

THANKSGIVING
TURKEY
RECIPES

Lifesavers on
WEIGHT LOSS
HURDLES



**Sports
Illustrated**

Kelly Hughes Height 5'8" | 173cm Bust 34" | 86cm Waist 31" | 79cm Hips 42" | 107cm
Dress 6-8 US | 36-38 EU Shoe 8.5 US | 39.5 EU Hair Blonde Eyes Green

CGM
CAROLINE GLEASON
MANAGEMENT



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