



Angela Rumman    Height 5'10" | 178cm    Bust 34" | 86cm    Waist 25.5" | 65cm    Hips 35" | 89cm  
Dress 2 US | 32 EU    Shoe 8.5 US | 39.5 EU    Hair Light Brown    Eyes Hazel

**CGM**  
CAROLINE GLEASON  
MANAGEMENT

# LET NATURE DICTATE WHAT'S FOR DINNER!

Over 100 plant-based, seasonally-inspired recipes to keep you thriving through all the seasons. From Biscuits 'n Gravy in the winter to Lobster Rolls and Carrot Quinoa Burgers in the summer, whether you're a "seasoned" vegan or you're new to the world of plant-based food, this book will help you explore the endless possibilities of delicious plant-based food without the "FOMO."

*Written By An Untrained Chef  
For The Untrained Chef*



\$34.99  
ISBN 978-1-7331611-3-8  
53499>  
9 781733 161138



Angela Rummins Height 5'10" | 178cm Bust 34" | 86cm Waist 25.5" | 65cm Hips 35" | 89cm  
Dress 2 US | 32 EU Shoe 8.5 US | 39.5 EU Hair Light Brown Eyes Hazel

**CGM**  
CAROLINE GLEASON  
MANAGEMENT



Angela Rummins Height 5'10" | 178cm Bust 34" | 86cm Waist 25.5" | 65cm Hips 35" | 89cm  
Dress 2 US | 32 EU Shoe 8.5 US | 39.5 EU Hair Light Brown Eyes Hazel





Angela Rummins Height 5'10" | 178cm Bust 34" | 86cm Waist 25.5" | 65cm Hips 35" | 89cm  
Dress 2 US | 32 EU Shoe 8.5 US | 39.5 EU Hair Light Brown Eyes Hazel





Angela Rummins    Height 5'10" | 178cm    Bust 34" | 86cm    Waist 25.5" | 65cm    Hips 35" | 89cm  
Dress 2 US | 32 EU    Shoe 8.5 US | 39.5 EU    Hair Light Brown    Eyes Hazel



Angela Rummins Height 5'10" | 178cm Bust 34" | 86cm Waist 25.5" | 65cm Hips 35" | 89cm  
Dress 2 US | 32 EU Shoe 8.5 US | 39.5 EU Hair Light Brown Eyes Hazel



Angela Rummans Height 5'10" | 178cm Bust 34" | 86cm Waist 25.5" | 65cm Hips 35" | 89cm  
Dress 2 US | 32 EU Shoe 8.5 US | 39.5 EU Hair Light Brown Eyes Hazel