



Angela Rumans Height 5'10" | 178cm Bust 34" | 86cm Waist 25.5" | 65cm Hips 35" | 89cm
Dress 2 US | 32 EU Shoe 8.5 US | 39.5 EU Hair Light Brown Eyes Hazel

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LET NATURE DICTATE WHAT'S FOR DINNER!

Over 100 plant-based, seasonally-inspired recipes to keep you thriving through all the seasons. From Biscuits 'n Gravy in the winter to Lobster Rolls and Carrot Quinoa Burgers in the summer, whether you're a "seasoned" vegan or you're new to the world of plant-based food, this book will help you explore the endless possibilities of delicious plant-based food without the "FOMO."

*Written By An Untrained Chef
For The Untrained Chef*



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